



**PARENT  
CUE**



**HIGH SCHOOL**

# INTO THE WILD

## **WEEK 1**

### **GENESIS 12:1-4**

Small steps following God can lead to big outcomes.

## **WEEK 2**

### **GENESIS 16:1-4a EPHESIANS 2:8-9**

God wants us to keep following Him, even when we mess up.

## **WEEK 3**

### **GENESIS 22:1-12**

Even in challenging situations, God's presence remind us that He is a God who can be trusted.

## **TALK ABOUT THIS**

**WEEK 1:** High schoolers change a lot—and frequently. Maybe your teen has discovered a few new interests. Maybe they've recently quit playing a sport or instrument they once loved. They've also probably made some new friends you've never met and ended a few friendships they've had since elementary school. Ask your teen what's changed the most since last year.

**WEEK 2:** Think back to the things you did as a teenager that you didn't want your parents to find out about. Share a couple of those moments with your teen, so they know that mistakes (yours and theirs) don't define the future. The next time your teen shares one of their mistakes with you, start your response with, "Thanks for telling me that."

**WEEK 3:** Trusting God can be difficult—for teenagers and adults. During challenging seasons, it can be helpful to think back to moments God has come through for you and your teen. This week, ask your teen if they can remember any times God has come through for them or someone they know. Remind them that those moments are evidence that God can be trusted.

## **REMEMBER THIS**

*So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.* Isaiah 41:10 NIV



### DO THIS



#### MORNING TIME

This weekend, get up before your teen and prepare them a warm breakfast. This is totally doable because, well, teens love to sleep. Unless they have an early morning practice (insert yawn here), chances are you're up before they are. Nothing gets a teen out of their room faster than the smell of bacon.



#### MEAL TIME

During a meal this week, ask your teen what happened in their day that is worth celebrating. Don't worry if they can't think of anything. You can always ask them again in a few days. Sometimes it's easier to focus on the negative. Keep creating space to share what's going well. It's a worthwhile practice that will help your teen develop a sense of gratitude!



#### THEIR TIME

Whether it's when you've got friends over for a summer BBQ or you're on the phone with a friend, let your teen overhear you talking to someone about their accomplishments. Brag about their mad baseball skills, how great they are at parallel parking, or how they help out around the house. It'll mean more to your teen than you think!



#### BED TIME

Let your teen know you're thinking about them before they head to bed. Leave something fun on their bed or in their bathroom for them to find before they head to bed—a new novel for fun summer reading, movie tickets to catch a summer blockbuster with friends, or a new pair of summer PJs. Even something small can mean something big to your teen.

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