



SMALL GROUP LEADER GUIDE

Hello, My Name Is / Week 1

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

LEADER PREP

BOTTOM LINE

What God says about you is the most important thing about you.

SCRIPTURE

See how very much our Father loves us, for he calls us his children, and that is what we are! But the people who belong to this world don't recognize that we are God's children because they don't know him (I John 3:1 NLT).

"Before I formed you in the womb I knew you" (Jeremiah 1:5 NIV).

GOAL OF SMALL GROUP

To encourage students to elevate God's view of them over other people's view of them.

THINK ABOUT THIS

Leaders—avoid the temptation to gloss over the messages students have gotten from friends, teachers, and family. Phrases like, "Don't worry about it," and "That's not true," aren't exactly helpful. Instead, build up what God says about them in the midst of what they're hearing at home and at school.

CONVERSATION GUIDE

Create meaningful conversation. Adjust the questions as needed, and don't feel like you need to answer all of them.

DISCUSSION QUESTIONS

1. When is a time that a label affected the way you see yourself?
2. Why do you think labels are so powerful?
3. Why is it so easy to allow other people to decide who you are?
4. What do you think God thinks about you? How does that affect the way you see yourself?
5. Why is it difficult to believe that God loves you and likes you?
6. How would your life look different if you believed that God's view of you is the most important thing about you?
7. What's one way you can remind yourself of what God says about you?

TRY THIS

Leaders—sometime this week, remind your students what God thinks about them by texting them this verse: "For the Lord your God is living among you. He is a mighty savior. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs" (Zephaniah 3:17 NLT).



SMALL GROUP LEADER GUIDE

Hello, My Name Is / Week 2

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LEADER PREP

CONVERSATION GUIDE

BOTTOM LINE

Be kind to yourself.

SCRIPTURE

Those who are kind benefit themselves, but the cruel bring ruin on themselves (Proverbs 11:17 NIV).

But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips (Colossians 3:8 NIV).

Set your minds on things above, not on earthly things (Colossians 3:2 NIV).

GOAL OF SMALL GROUP

To help students understand that how they treat themselves changes how they see themselves, and to start being kind with their self-talk.

THINK ABOUT THIS

Leaders—one way to encourage students to open up is to be vulnerable about some of the cruel things you remember saying to yourself in high school. Remember the goal is to help your students grow. Don't treat them like your counselors. Keep things age-appropriate.

Create meaningful conversation. Adjust the questions as needed, and don't feel like you need to answer all of them.

DISCUSSION QUESTIONS

1. What are some things that cause the people you know to be critical of themselves?
2. Why is it easier to think cruel thoughts about ourselves than kind ones?
3. What do you think would happen if you talked to a friend the way you talk to yourself?
4. What are some ways that being cruel to yourself can bring ruin?
5. What's the area where you tend to be critical of yourself the most?
6. What's one thing you can do this week when you're tempted to be critical of yourself in that area?
7. What's one phrase you can repeat to yourself when you're tempted to be cruel to yourself?

TRY THIS

Leaders—this week text your students one thing that you see in them that's great. Encourage them to remember that when they're tempted to be cruel to themselves.



SMALL GROUP LEADER GUIDE

Hello, My Name Is / Week 3

PRELUDE

SOCIAL

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LEADER PREP

CONVERSATION GUIDE

BOTTOM LINE

It takes courage to live in the light.

SCRIPTURE

For you were once darkness, but now you are light in the Lord. Live as children of light (Ephesians 5:8 NIV).

Be very careful, then, how you live--not as unwise but as wise (Ephesians 5:15 NIV).

GOAL OF SMALL GROUP

To help students understand how to live in light of what Jesus has done for them.

THINK ABOUT THIS

Leaders—at this stage, your students' brains are making the leap from concrete thinking to abstract thinking. You may need to help them understand ideas like "living in the light" by providing concrete examples.

Create meaningful conversation. Adjust the questions as needed, and don't feel like you need to answer all of them.

DISCUSSION QUESTIONS

1. If you were to explain "identity" to someone who had never heard of it before, what would you say?
2. What's one thing you want people to think when they think about you?
3. What do you think Paul meant when he wrote, "Live as children of light"?
4. What are some ways you've seen people live as children
5. of light?
6. Why do you think it takes courage to live differently?
7. What's one area where you need to take a step into the light?
8. What would hold you back from doing that?

TRY THIS

Leaders—remind your students that one way to live in the light is to care for others. Use this small group conversation to set up for this series' XP.